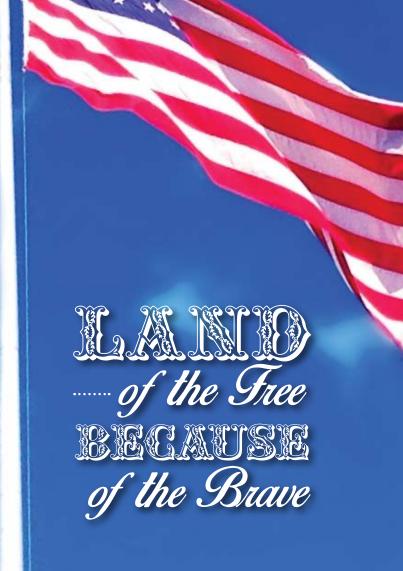
Cedar Village at Brick

# Cedar Village Times

#### Volume 16 • Issue 5

May 2016





### **MESSAGE FROM THE BOARD**

Your board members, Diane Ewing, George Fencik, and Ray Patnaude, re-elected for another term, would like to thank the residents of Cedar Village for the confidence they have expressed in giving us the opportunity to serve for another term.

Here we are in May—the beginning of our summer season. Many activities are on the agenda for the month from Wildwood's Spring Boardwalk Classic Car Show 5/5-5/8 to the Spring Block Party from 9-5pm on 5/14 on Asbury Ave. Over 350 crafters will be available. The annual New Jersey Seafood Festival will take place on 5/14 from 11-8pm at Silver Lake Park in Belmar. Continuing an annual tradition, the Spring Lake 5k is held on Memorial Day Weekend: Childrens races on Friday evening (great fun to watch) and the 5k on Saturday.

Here at Cedar Village, we look forward to our own Memorial Weekend celebration with the opening of the pool and our Memorial Day picnic.

Hopefully, you will all be able to join your neighbors in getting summer under way! See you there!



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### 2016 Board Meeting Schedule

The Cedar Village Board of Trustees 2016 meeting schedule is as follows. All meetings are held in the clubhouse ballroom at 7:00PM. Dates are subject to change.



Cedar Village Times a monthly publication of the Cedar Village Homeowners Association Beverly Conti, Editor

The Association does not recommend or endorse any contractor or vendor that advertises in the Cedar Village Newsletter.

### Notice to Committee Chairpersons & All Contributors

All committee chairpersons and anyone who would like to have a notice placed in the Cedar Village Times is advised that the cutoff date for articles is the **sixteenth of the month prior to publication**. These dates are established by the publisher, and it is necessary for me to forward all the articles promptly so we may receive our newsletters on time. Please e-mail submissions to contiba@yahoo.com and put Cedar Village Times on the subject line. If you do not have internet access, you can drop off the articles at my house. Thank you for your anticipated cooperation.

Beverly Conti, Editor

### **TRASH SCHEDULE**

Brick Township Public Works # is 732-451-4060

If a holiday falls on the week of your regular pick up day, it will be picked up the day after your scheduled pick up day.

**TRASH** - Regular garbage pick-up day is Thursday (early am)

**<u>RECYCLING</u>** - Recycling is collected every other Friday (early am) and subject to change by the TOWNSHIP. You may combine metal, glass, plastic, cardboard and paper in one container. **Containers MUST have a lid on them.**  **BULK ITEMS** - If you have any bulk items (furniture) call the Township and request for the item to be picked up. Ask about small appliances: Brick Township Public Works# is 732-451-4060



**STYROFOAM is NOT** recyclable–Please put it into a plastic bag with your garbage so when it is emptied it does not blow everywhere.

It is a good idea to put your address in or on your garbage pail & recycle containers – If they blow away, they can be returned to you (if someone finds it)!

"Garbage & Recycling cans must be regularly kept/stored in the garage" and shall not be placed on any street, sidewalk, parking area or common property except when necessary for collection.



**MAY 2016** 



The Cedar Village poker club would like to add players to our group so we can start another players' table. If you are interested in joining our group, the game is currently 7-card stud and the stakes are affordable. If there is a second table, other options could be discussed and adopted by the second table players. The group meets on Tuesday evenings at 7:00 PM in the clubhouse card room. For more information, please call Jack O'Rourke at 732-714-2398.

More . . . If there are any experienced pinochle players who wish to start a group, call John Crescenzo at 732-903-6562.

and the top In which have



We are Adult Community Specialists!! Email: staff.jmarchitello@farmersagency.com

• OFFICE: 732-608-7320 • CELL: 609-502-8949 • FAX: 732-608-7517



### FROM YOUR MANAGER Kathy Avres, Community Manager

FirstService Residential

Happy Mother's Day! May is such an appropriate month to celebrate Mother's Day! Everything is in bloom and looks so pretty!



It's lawn mowing season again.... and that means that all objects on your lawn should be removed that you don't want damaged, including wires to your air conditioner that may be lying along your house or items placed alongside the driveways or walkways. This includes all decorative items, flower pots and landscape lighting such as solar lights and low voltage lights. The best way to prevent damage is to put a border around the sides of your home. Restrictions on width apply. Consult the Association's ARC Guidelines and file a ARC application before making any changes. Guidelines and Applications are located in the Clubhouse lobby Literature Rack. Board approval in writing is required before you make any changes to the exterior of your home or lot. Please allow 4 weeks for approval.

Memorial Day weekend the pool opens for the season! The pool Rules are included as an insert in this newsletter. Please retain them for your records.

Treasure each and every day!

### **Reminders:**

**EMAIL ADDRESS REMINDER:** If you have changed your email address or want to add an email address, to your account, please let me know, so you can receive important association announcements.

### Garbage Can Storage

"Garbage & Recycling cans must be regularly kept/stored in the garage" and shall not be placed on any street, sidewalk, parking area or common property except when necessary for collection.

### <u>PET RULES:</u> NOT ONLY AN ASSOCIATION RULE, BUT A TOWNSHIP ORDINANCE THAT MUST BE FOLLOWED:



- ALL PETS SHOULD BE LEASHED AT ALL TIMES
- DO NOT WALK YOUR PET ON A HOMEOWNER'S PROPERTY.
- PLEASE BE RESPECTFUL OF YOUR

COMMUNITY AND YOUR NEIGHBORS AND BE PRUDENT IN PICKING UP AFTER YOUR PET ON COMMON AREAS AND YOUR OWN LAWN.

**HOUSE NUMBERS:** Please make sure that your address is clearly displayed on your house and mailbox with numbers that are large enough to be seen. This is very important if an ambulance needs to find your house in the event of an emergency.

**MAILBOXES**: Please, take the time to make sure your mailbox is in GOOD solid condition, make sure it is sturdy and the post is secured in the ground. If your post is rotted, you will need to replace it. There are handymen that are listed in the phone book that I'm sure can perform this service. While we cannot recommend anyone, you may want to take a look on the bulletin Board or check out some of the advertisers in this newsletter for someone who performs these services. *Please note: The Association does not endorse any contractor that advertises in the Newsletter or on the bulletin board* 

**REGULAR MANAGEMENT OFFICE HOURS** The office is open on Monday, Wednesday and Thursday from 9:00 AM to 5:00 PM. The office phone number is 732-714-8720. For after hours Common Area emergencies ONLY such as FIRE OR FLOOD on common property – call 800-870-0010. <u>Please refrain from calling the emergency center for non-emergencies</u>.

WHERE TO MAIL YOUR ASSOCIATION PAYMENT: For those who pay by check, you must mail your payment to the address on your coupon. Unfortunately, Management is not permitted to take any payments in the office.

Here is the address: Your checks should be made payable to: Cedar Village HOA C/o FirstService Residential, P O Box 11980 Newark, NJ 07101-4955

**DIRECTDEBIT:** Inaddition to First Service Residential offering a free service called Direct Debit – to pay your monthly association fee, a new convenience has been provided for you! You can now go to FirstService Residential's Website at www. fsresidential.com, select make a payment select New Jersey, complete the Direct Debit form online.

*Here's how it works:* Bank United will withdraw the association's monthly payment from your bank account during the first 10 days of the month. No more writing checks! No more late fees!

If you do not have email or access to a computer and need a paper form, they are located in the literature rack outside the management office.

**Don't close your Direct Debit Bank Account until You Terminate Your Direct Debit Account with First Service**. Bank United charges up to a \$45.00 fee for a returned check, insufficient funds or a closed account that cannot be debited. You must either complete and send in a TERMINATION OF DIRECT DEBIT FORM (form is located in the Clubhouse lobby) or call James Meyers at 732-403-8138 to terminate your direct debit account or for instructions to change a bank account. **Do not close your bank account until you have received confirmation from FirstService as to when the last payment will be debited. Returned check fees charged by the banks are not refundable.** 

# WHAT TO DO WHEN YOU ARE SELLING YOUR HOME

Please be reminded that if you are selling your unit, please advise the buyer that their attorney must obtain a RESALE CERTIFICATE at least 30-15 days prior to closing.



Go to the FirstService Resale Department online at **www.fsresidential.com, click on Order Documents** & Certificates, put in the zip code (08724), and complete the form.

The FirstService Resale Division provides the buyer with either a CD or downloaded documents containing information regarding the Association fees owed at closing by both buyer and seller. The document also contains the Association's financial statement, budget, temporary coupons to pay the monthly association fee, a direct Debit form, the ARC Rules and Association By-Laws.

Seller: Remember to terminate your direct debit BEFORE you close on the sale of your home. Failure to do so may result in the association fee debited from your account after you sell your home. It is very important that you leave a forwarding address & phone number with the management office, in case we need to reach you after you sell your home.

TRANSFER OF A DEED: Any time the name on a Deed is changed; including a transfer of a Deed into someone else's name even if it is within your family is considered a "sale" and requires the new owner fees to be paid to the Association. The Association fees are a \$300.00 Working Capital Fund contribution and a \$450.00 Reserve Fund contribution. These fees are non refundable. In addition, prepayment of 2 months of Association fees is required to be paid. Checks should be made out to Cedar Village at Brick and mailed to the Clubhouse along with a copy of the new Deed. Unless this documentation is received, the name on your account cannot be changed and billing will remain the responsibility of the owner we have on record. Mail the new Deed and the checks to: Cedar Village at Brick, Management Office, 85 Cedar Village Blvd., Brick NJ 08724.

### Some Helpful Information on being a Homeowner in Cedar Village's HOA:

Since there are many new owners at Cedar Village, here is some helpful information and reminders about the responsibilities of being a Homeowner in the Association:

**STREETS:** - The streets are owned by the Township and the Township is responsible to maintain them.

**SIDEWALKS:** The sidewalks: Homeowners are required to maintain their sidewalks, such as repairing cracks and replacing the slabs.

**MAILBOXES:** Mailboxes are the property of the homeowner and are maintained by the homeowner.

**TOWNSHIP GARBAGE & RECYCLING CANS** may be obtained from the Township Department of Public Works and must be stored in the garage. Outside storage is not permitted.

**UTILITIES:** All utilities, cables, and wiring that services your home; such as electricity, phone service, gas, cable, water, and sewer lines that services your home is your responsibility. You should contact the service provider when it comes to installation, or repairs. Your service provider's phone number is located on the bill they send you. It is helpful to have your account number available when calling. The Association does not maintain these services for you; you must contact your provider in order to have your services repaired or to find out why you may be experiencing problems.

The utility boxes that may be located on your front or side lawns belong to Verizon and/or Comcast. If the box cover is tilted, or the wires are sticking out, call Verizon and Comcast, it is their responsibility to repair and maintain their equipment. Check your utility bills for the phone number to contact these companies. These boxes are not common property and are not and it is not the responsibility of the Association to make these service calls, maintain or repair the Verizon and Comcast boxes. Thank you for your cooperation.

#### ALTERATIONS AND MODIFICATIONS TO THE OUTSIDE OF YOUR HOME REQUIRES APPROVAL - ARC Requests:

Any alterations you wish to make to the outside of your home must first be approved by the ARC committee and the board of trustees. *There are no exceptions*. An ARC form can be picked up in the clubhouse lobby. Once it is filled out by the homeowner, it needs to be returned to the management office for approval by the ARC Committee. Please allow up to 4 weeks for approval. Once approval is made the homeowner will be notified in writing. Thank you in advance for your anticipated cooperation

#### **Maintaining Your Property:**

**IRRIGATION:** The Irrigation system is tested before it is turned on at the end of April each year and heads are adjusted and repaired at this time.

The Irrigation system runs throughout the development. Well water is used and the watering is controlled by the Association Wells. The amount of well water that we are allowed to use for irrigations is allocated to the Association by the DEP. We cannot use more water than we are allocated.

If you feel your lawn needs more water than what we have been allocated by the DEP for irrigation purposes, you may water your lawns by hose and are encouraged to do so. The DEP monitors and regulates the amount of well water we are allocated for irrigation and cannot be increased.

If you need to have a sprinkler head moved, the cost for this item is paid for by the Homeowner. Fill out the work order form, drop it off at the Management office and the Irrigation contractor will contact you for an evaluation and an estimate.

#### You may not engage an outside contractor to make any alterations to the irrigation system on your property or any common property. You may not make alterations yourself. No exceptions.

If a sprinkler head that is on your property is not working properly or not working at all. Please fill out a work order form and put it in the bin on the table in the Clubhouse. We will arrange for a repair with the Irrigation company. If the homeowner has caused the sprinkler head to work improperly, such as planting a shrub or tree that blocks the head, the cost to relocate the head will be that of the homeowner.

<u>Irrigation Work Orders</u> – are accepted May through October

If you wish to have a sprinkler head moved, please fill

out a work order form and request an appointment with the contractor for an evaluation and an estimate, we will forward it to the Irrigation Company, FBI. If a sprinkler head is not working properly, you will also need to fill out a work order form. The forms are located on the literature rack outside the management office; you can drop your work order in the bin on the table in the lobby. As always, thank you for your cooperation

LAWNS: All lawns are mowed by a Commercial Landscaping Contractor. Lawns are mowed on a 7-10 day basis, depending on weather conditions. Edging of the sidewalks and walkways are done periodically. DAMAGES must be REPORTED immediately in the same week as the damage occurred or the landscaper cannot be held responsible.

Weed control is done on an as needed basis as depending on the prevailing conditions of the season. A commercial application of fertilizer on common areas and homeowner lots are on a proscribed schedule according to the contract. Lawn services are performed April through November. If you wish to add your own weed control or fertilizer applications in addition to the commercial applications provided by the Association, you are encouraged to do so.

**COMMERCIAL LAWN APPLICATIONS:** A friendly reminder, The Association provides commercial lawn applications as a courtesy and is not responsible to provide custom work on individual homeowner lots. The Association does not provide individual seeding on your property nor the installation of sod. The Association does not provide additional weed control or fertilizer applications other than the courtesy commercial applications applied per season. You, as the homeowner are responsible to maintain your property to keep it in good condition.

All objects on your lawn should be removed that you don't want damaged, including wires to your air conditioner that may be lying along your house or items placed alongside the driveways or walkways. This includes all decorative items, flower pots and landscape lighting such as solar lights and low voltage lights. The best way to prevent damage is to put a border around your home. Restrictions on width apply. Consult the Association's ARC Guidelines and file a ARC application before making any changes. Board approval is required before you can proceed with changes to the exterior of your home. Guidelines and Applications are located in the Clubhouse lobby Literature Rack.

As a homeowner, you are responsible for what is on your property and you are responsible to move items that could be damaged where the lawn mowers, weed whackers or snow clearing equipment will or can take place. <u>It is your responsibility to prevent the damage of</u> your personal items on your property.

**TREES:** Any tree on your homeowner lot is yours to maintain as required by the Association.

**MULCH AROUND TREES:** The Association will mulch up to 3 trees located in the front of your house. Homeowners own all the trees on your lot, but as a courtesy, the Association provides the mulch around the base of up to 3 trees so the community has a consistent well kept look, not because they are the Association's trees. The association does not provide mulch on any other location on your lot.

**COMMON AREAS, WETLANDS AND TREES:** All common area wetlands are maintained by the association and governed by the DEP. No one is allowed to remove OR plant any trees, shrubs or brush in any Common Areas/Wetlands.

Your personal property/belongings are not allowed to be placed in the common grounds. Doing such is in violation of the Common Area Regulations. Nothing should be affixed to common area trees such as nails and hooks or bird feeders. These items damage the tree and may cause them to die or become diseased, which results in added expenses to the Association.





### CEDAR VILLAGE at BRICK, HOA BOARD MEETING MINUTES March 14, 2016 7:00 PM, Clubhouse



### I. CALL TO ORDER/SALUTE TO FLAG

Board Vice President, Art Pantaleone, called the meeting to order at 7:00 PM.

### **II. ROLL CALL:**

Present: Art Pantaleone, Vice-President; Glenn Anderson, Treasurer; Ray Patnaude, Member; Kathy Ayres, Community Manager, FirstService Residential. Absent: George Fencik, President; Diane Ewing, Secretary

### **III. APPROVALS:**

Meeting Minutes: February 22, 2016

Motion to approve the minutes was made by Glenn, second by Ray. Roll Call: Ray: Y, Glenn: Y, Art: Yes. **Motion approved.** 

IV. TREASURERS REPORT: Glenn Anderson Income: \$33,487. Expenses: \$23,322. Revenue in excess (deficit) of expenses for the month: \$10,165. YTD: deficit \$14,136. Reserves, Deferred Maintenance, Working Capital: \$491,556.

\$1,100 is budgeted for snow each month; there is no need for a snow assessment at this time.

Reserve & Deferred Maintenance Summary:		<u>Matures</u>
\$ 15,258 Manasquan Savings 36 mo 1.40%	DM Account	12/08/17
5,841 Manasquan Savings 36 mo 1.40%	DM Account	12/08/17
70,565 Investors Savings 42 mo 1.45%		11/30/15
52,781 Hudson City 48 mo 1.40%		07/26/16
55,653 Garden State Community 42 mo 1.35%		02/26/17
54,074 Garden State Community 60 mo 1.75%		12/27/17
67,102 Manasquan Savings 36 mo 1.40%		02/24/17
35,229 Manasquan Savings 36 mo 1.42%		05/14/18
104,583 Manasquan Savings 60 mo 1.49%		10/06/19
11,865 Bank United MM .01% Wk Capital Acct		
14,038 Bank United MM #8283 Acct		
4,267 Bank United MM B/D #9366 Acct		

Total Reserves, Deferred Maintenance, Working Capital: \$491,256



Operating Income	<u>Month</u> On plan	<u>YTD</u> On Plan
<b>Operating Expenses</b>		
Administrative	440/Better/Office exp. better than plan	1,130/Better Office exp. better than plan
Landscaping	2,400/Better/Repairs scheduled for Mar.	44/Better/ Repairs scheduled for Mar.
Irrigation	On Plan – System not on	On Plan – System not on
Snow:	9,100/Better/No snow	7,300/Better/No snow
Clubhouse & Utilities	300/Better/Gas Elec. better than plan	900/Better/ Gas Elec. better than plan
Pond & Fountain Maint.	On Plan Sys not on	On Plan Sys not on
General Maintenance	(455)/Worse/ Pd Brick HVAC contract	(455)/Worse/Pd Brick HVAC contract
Pool	On Plan/Pool Closed	On Plan/Pool Closed
Reserves	On Plan	On Plan
Net Income	10,164*	9,949*

\* Blizzard of 1/23/16 wiped out the Snow Reserves and impacted the January snow budget, however less impact than expected in February.

### V. COMMUNITY MANAGERS REPORT – Kathy

- Ayres
- Parking Lot Lights are going to be installed provide more lighting in the shuffleboard parking lot. The lighting will not affect the houses in the back of the parking lot.
- The contractor who installed the fence around the clubhouse pond will be coming in to look at the broken slat.
- The shuffle board courts will be resurfaced this spring.
- The Bocce courts are scheduled for their yearly maintenance and will be completed before the season opens.

### VI. BOARD LIAISON REPORTS

#### **GROUNDS:** Art Pantaleone

The landscapers will be doing spring clean up this week, weather permitting.

### ARC: Art Pantaleone

One application and one approval.

**SOCIAL/CLUBHOUSE:** Kathy Ayres for Diane Ewing.

### Social:

April 2nd: Spring Break: 6pm to10pm. Sign up on March 19th from 10 am to 12 noon. April 30th: Spring Breakfast: 10 am to 12 noon.

### POOL: Ray Patnaude

We are replacing the drain covers this year.

### CLUBHOUSE WATCH: Ray Patnaude

Volunteers are still needed. Please contact Ray Patnaude if you are interested.

### VII. OLD BUSINESS:

None

### VIII. NEW BUSINESS:

This year three seats on the board are up for election. There are currently three candidates running. Ballots will be mailed next week. The Election Meeting will be held on April 18th. Please vote.

Continued on next page



Continued from previous page

### IX. OPEN Q & A SESSION:

- Q There may be a sink hole forming by the drain by 51 Cedar Village Blvd.
- A Kathy will take a look at it.
- Q Will anyone be cleaning the sidewalks?
- A There are no plans to clean the sidewalks, the wells are putting out less rust.

### X. NEXT BOARD MEETING

Art announced that the next Board Meeting will be the Annual Election Meeting on Monday, April 18, 2016 at 7:00 pm.

### XI. MOTION TO ADJOURN:

Art called for a motion to adjourn. Motion made to adjourn by: Glenn second by Ray. Motion approved by unanimous acclimation. Meeting adjourned at 7:20 pm.





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Dr. Jeffrey Brottman practices medical and surgical ophthalmology. He performs no-stitch cataract surgery with lens implantation, microsurgical eye care, and laser surgery. Dr. Brottman also performs general eye exams and prescribes glasses for adults and children.

A native of New Jersey, Dr. Brottman was educated at Colgate University where he graduated Summa Cum Laude and a member of the Phi Beta Kappa society. He received his medical degree from the Mount Sinai School of Medicine and completed an internship at Beth Israel Medical Center in New York City. Dr. Brottman completed a residency in Ophthalmology at the University of Rochester in New York State.

Dr. Brottman is a Diplomate of the American Board of Ophthalmology and a Fellow of the American Academy of Ophthalmology.

Dr. Brottman is a member of the Department of Ophthalmology at CentraState Medical Center. He is available for appointments in our Freehold, Marlboro, Jackson and Brick locations.

### Our 6th location is now open in Monroe!

Freehold 500 West Main Street 732-462-8707

East Windsor Rt 130 & Princeton Rd 609-448-3990

Jackson 2080 W County Line Rd 732-364-5123 Brick 515 Brick Boulevard 732-920-3800 Marlboro

455 Route 9 South 732-591-2200

Monroe Applegarth & Half Acre Rd 609-495-1000

For more info: www.millenniumeyecare.com

# **BINGO**

Come and join the fun! All are welcome – Bring your family and friends for a fun-filled evening Games are held the second and fourth Thursdays every month at 7:00 PM You may be the next winner!



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- Rug Cleaning Ugg Boots
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Sat 7-5

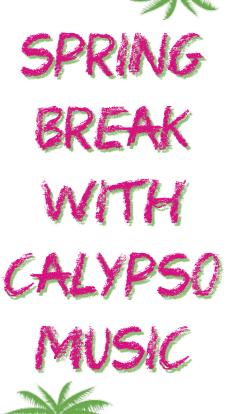
Leather & Suede

www.jerryscleaners.com

# PLANNINGMEETING FOR JULY4<sup>TH</sup> PARTY

THE JULY 4<sup>TH</sup> GET TOGETHER WILL BE HELD MONDAY JULY 4<sup>TH</sup> IT WILL BE HOSTED BY IMPATIENS COURT, ORCHID LANE AND CEDAR VILLAGE BLVD. WE WILL HAVE OUR FIRST MEETING MAY 11<sup>TH</sup> AT 10:00 A.M. ALL RESIDENTS FROM THESE STREETS ARE ENCOURAGED TO ATTEND AND MAKE PLANS FOR THE FESTIVITES PLEASE JOIN US AT THE CLUBHOUSE ON MAY 11 @ 10 A.M.







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Cedar Village Times

### MAY 2016





























N.J. Lic. #4100YA000317, N.J. HAD/Supervising Licensee #25MG000659

### FOR YOUR INFORMATION By George Fencik

A monthly column devoted to a topic or topics of interest for all homeowners. I've received many e-mails from friends and business associates, and managed to save some memorable ones. Periodically, I am pleased to share these with you when not presenting association news. This month we have two(2) subjects for "older people" that should bring a smile on everyone's face.

### Subject: OLDER EMPLOYEE NOTICE

Due to the current financial situation caused by the slowdown in the economy, Congress has decided to implement a revolutionary scheme to put workers, 50 years of age and above, on early retirement, thus creating jobs and reducing unemployment. This passed in the House and Senate by an overwhelming majority and became a law.

This scheme will be known as **RAPE** (*Retired Aged People Early*)



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\* Gal our toll free numbers or go colline to connect the aring comforties Connect Hearing for all of the offer details. Offer expires 3/31/16.

Persons selected to be **RAPED** can now apply to Congress to be considered for the **SHAFT** program. *(Special Help After Forced Retirement)* 

Persons who have been **RAPED** and **SHAFTED** will be reviewed in the **SCREW** program. *(System Covering Retired Early Workers)* 

A person may be **RAPED** once, **SHAFTED** twice and **SCREWED** as many times as Congress deems appropriate.

Persons who have been **RAPED** could get **AIDS** (Additional Income for Dependents & Spouse), or, **HERPES** (Half Earnings for Retired Personnel Early Severance).

Obviously persons who have **AIDS** or **HERPES** will not be **SHAFTED** or **SCREWED** any further by Congress.

Persons who are not **RAPED** and are staying on will receive as much **SHIT** (*Special High Intensity Training*) as possible. Congress has always prided themselves on the amount of **SHIT** they give our citizens.

Should you feel that you do not receive enough **SHI**T, please bring this to the attention of your Congressman, who has been trained to give you all the **SHIT** you can handle.

Sincerely,

The Committee for *Economic Value of Individual Lives.* (E.V.I.L.)

PS – Due to recent budget cuts and the rising cost of electricity, gas and oil, as well as market conditions, the "Light at the End of The Tunnel" will be turned off.

### Subject: THE SENIOR'S ALPHABET

A is for apple, and B is for boat.

That used to be right but now it won't float.

Age before beauty is what we once said.

But let's be a bit more realistic instead!

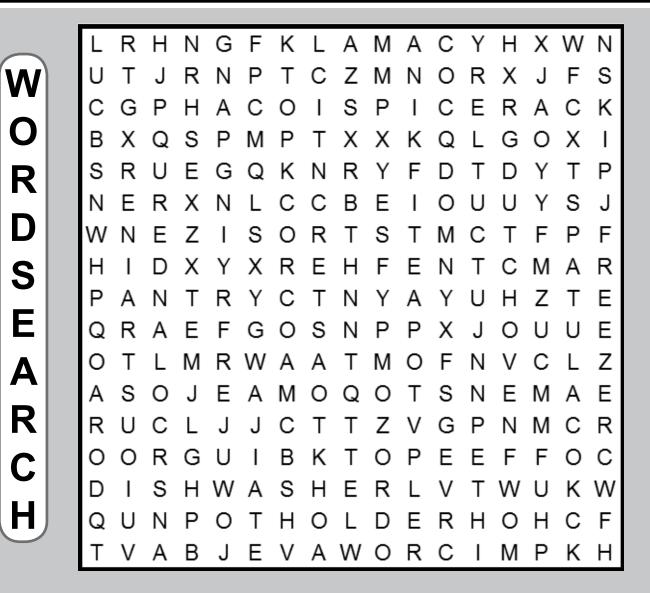
# INTRODUCING THE NEWER SENIOR'S ALPHABET:

A's for arthritis; B's the bad back, C's the chest pains, perhaps car-d-iac? **D** is for dental decay and decline, E is for eyesight, can't read that bottom line! **F** is for fissures and fluid retention. G is for gas which I'd rather not mention, **H** is for high blood pressure – I'd rather it be low, I for incisions with scars you can show, J is for joints, out of socket, won't mend, **K** is for knees that crack when they bend, L is for libido - what happened to sex? **M** is for memory, I forgot what comes next, N is neuralgia, in nerves way down low; **O** is for osteo, bones that don't grow! **P** is for prescriptions, Just give me a pill and I'll be good as new! **Q** is for queasy, is it fatal or flu? **R** is for reflux, one meal turns to two, S is for sleepless nights, counting my fears, **T** is for Tinnitus, bells in my ears! U is for urinary; troubles with flow, V is for vertigo, that's dizzy, you know, W is for worry, now what's going 'round? X is for X ray, and what might be found, Y for another year I'm left here behind, Z is for zest I still have – in my mind! I've survived all the systems, my body's deployed, and I'm keeping twenty-six doctors fully employed!

### Talk to you next month!







# IN THE KITCHEN

COFFEE POT DISH TOWEL MICROWAVE STOVETOP COLANDER DISHWASHER PANTRY STRAINER COUNTERTOP DUTCH OVEN POTHOLDER TEAPOT CROCKPOT FREEZER

SPATULA TOASTER CUTLERY FRYING PAN SPICE RACK WINE RACK

# **Memory loss?** Confusion? Difficulty completing familiar tasks?



# It may be **ALZHEIMER'S DISEASE**

Free Evaluation and Testing **New Treatments Available** 

OF NEW JERSEY

WHAT DO WE DO? Evaluate memory issues • Perform Competency Evaluations Treat Agitation Associated with Dementia Offer Family & Spouse Counseling Offer the Latest Medications Available Provide On-Site Screenings & Education for Local Communities and more... For more information on how we can help, call

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THE CATARACT & GLAUCOMA VISION CENTER



comfortable and relaxed atmosphere. We pride ourselves on taking the time to explain all of our procedures and answer any questions that you may have.

Board Certified Ophthalmologist, Dr. Lakhani, has been caring for patients of Ocean County since 1998. Considered one of the premier comprehensive eye surgeons in New Jersey, chosen by his peers three consecutive years as a top doctor, as recognized in the NJ monthly annual survey. He has performed over 15,000 cataract procedures many of whom were other doctors or their family members.



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Complex Eye Surgery • Affordable Multifocal and Toric Lens Implants • Neuro-Ophthalmology and Double Vision • Diabetic Care Macular Degeneration • Laser to Floaters • Eye Lid Surgery • Cosmetic Botox • Drop-Less Post-Surgery Care

4:00 p.m.

### **CEDAR VILLAGE ACTIVITIES**

**Treasurer:** Patrick Maroney

899-7878

973-787-7882

475-7097

701-2292

#### **BRIDGE CLUB:** Ella McCabe

**SUNSHINE CLUB:** 

Karin Maderna

good news, too! Ann and Karin



come and join us on Tuesday afternoons from 2:00 -

Have any news? Please pass it along to Karin or Ann by phone or email ann225k@aol.com. Don't forget the to lack of interest.

The October cruise to New England, Nova Scotia, Prince Edward Island and Quebec City is still available. Contact Jean if you are interested.

The schedule for remaining 2016 trips to Atlantic City is below.

For now our club is focused on monthly luncheons at

local restaurants. If you are interested in participating, meet at the Clubhouse at 12:30 PM on the last Thursday

of the month. If you would like further information,

Trip Date	<u>Sign up</u>
September 21	August 27
November 16	October 15

### **MEN'S CLUB:**

Jack O'Ruorke

please call Jack.

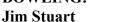
714-2398

**Ken Eustace** 

**BINGO:** 

Bingo will be played on May12 and 26.

### **BOWLING:**



701-1827

Please contact Jim if you are available as a substitute.

<b>RECREATION:</b>		
BOCCE:	00 A3	
June and Glenn Anderson		892-5522
GOLF:		
Larry Lonergan		714-0697
WELLNESS CENTER:		
Bob Buob		892-5690
SHUFFLEBOARD:		
Jean Stoll		899-6929
Shuffleboard will be starting	on May 4 at	10:00 AM.
Come join us for some fun an	d exercise	



The April trip to Atlantic City was enjoyed by all. Our next trip to AC is June 15 with a signup in the clubhouse on May 14 at 10:00 AM. We will again be going to Resorts. The cost is \$25.00 with a return of \$25.00.

The Senior Tour trip to Ottawa has been cancelled due

### WELCOME COMMITTEE:

We are looking for a book about welcome committee ideas that was left by Jane Dalrymple. Do you have the book? Please let Kathy Ayres, Community Manager, know if you are in possession of the book.

#### **SINGLES CLUB:**

**Estelle Tyler** 

Lucille Morgan 475-7656 714-7691

The singles club meets the third Saturday of each month at 11:00 AM in the clubhouse. All singles are invited to come and find out what opportunities there are to join in with others, or bring your own ideas for activities to share with the group.

### LADIES' LUNCHEON:

We are looking for someone to host this luncheon in June. Perhaps two ladies could step up and co-host the event for even more fun. Please contact Jane Haisser or Lucy Sanzalone if you can help.

### FITNESS:

Fitness classes at Cedar Village continue in May however registration was due by April 25. Call ASAP if you want to join in this



activity. Gentle Fitness classes run on Mondays at 10:30 AM and Balance & Stretch classes are held Thursdays at 9:00 AM. More information, including the fees, can be found on the May flyer in this issue of the Cedar Village Times.

### **CARD ROOM ACTIVITIES:**

Cards/Games on Tuesdays at 12 noon. All welcome! Cards/Games on Wednesday evenings 7 PM.

Men's Poker: Tuesday evenings at 7 PM.

Canasta on Mondays at 1:00. Eileen Barrett 701-0837 Bridge on Tuesdays at 2:00 p.m. Ella McCabe 899-7878

Rummikub on Fridays at 1:00 p.m. Jean Stoll 899-6926

### SOCIAL CLUB:

Lucy Sanzalone, Co-chairperson	892-0268
Jane Haisser, Co-chairperson	746-3956
Diane Ewing, Board Liaison	714-0476
Patrick Maroney, Treasurer	899-0823

Thank you, residents of Honeysuckle Court and Sunflower Lane for hosting the Memorial Day picnic. Many of us look forward to this event as it is the harbinger of summer and the opening of the pool, so all those who want to come should be sure to sign up early. (See the flyer for sign up information.)

The July 4th picnic is next on the agenda, sponsored by Cedar Village Boulevard, Impatiens Court and Orchid Lane. And, on August 6, back by popular demand, Steve and Debbie will once again entertain us with Music under the Stars.

Please remember that the Social Club is your organization. Everyone is welcome to attend our meetings to help plan activities that will appeal to our residents. Our next meeting is July 16, at 10AM in the clubhouse.

### **CLUBHOUSE COMMITTEE:**

Mary McLoughlin, Co-Chairperson	714-1758
Mary Bakos, Co-Chairperson	714-0399
Diane Ewing, Board Liaison	714-0476

Policy for donations to the clubhouse: please refrain from donating any decorative article, piece of furniture, or TV/AV equipment to the clubhouse unless you have cleared the donation with the chair people or Board members.

### **LECTURE SERIES:**

Many interesting speakers have come to the clubhouse to inform us of events or issues of importance to our residents. Someone has to make this happen. Is it you? Please inform Kathy Ayres, our Community Manager, of your interest. Thank you.

### MAYOR'S SENIOR ADVISORY BOARD:

**Patrick Maroney** 

899-0823

#### Shopping Transportation: **1. What will we do for you?**

A Public Works department bus will pick you up and transport you to and from our local shopping centers.

### 2. What shopping centers are visited?

- •ShopRite
- •Brick Plaza
- •Kennedy Mall
- Wal-Mart
- Laurel Square (K-Mart)
- Ocean County Mall
- Bay Harbor Plaza *Call for dates*

### 3. Who is eligible for this service?

This service is available for all Brick Township residents.

### 4. When is this service available?

For residents living on the north side of Brick Township, the service is provided on Tuesdays and Thursdays. For residents living on the southern side of Brick Township, the service is provided on Wednesdays and Fridays.

### 5. How does one use this service?

Simply call Public Works 732-451-4061 to schedule a pick-up or for additional information.

# **ADVERTISE HERE!**

To advertise your business in

Cedar Village Times

please call us at:

732-240-6611







Crustless Spinach Quiche

"I serve this in the summer for brunch with a side of sausage links and a fresh fruit bowl!"

By ANY14TNS | allrecipes.com

PREP TIME: 10 MINUTES | COOK TIME: 8 HOURS READY IN: 8 HOURS 10 MINUTES

### **INGREDIENTS:**

- **1** tablespoon vegetable oil
- $\Box$  **1** onion, chopped
- igsqcup 1 (10 ounce) package frozen chopped
  - spinach, thawed and drained
  - **5** eggs, beaten
  - 3 cups shredded Muenster cheese
- $\Box 1/4$  teaspoon salt
- $\Box 1/8$  teaspoon ground black pepper

### **DIRECTIONS:**

- Preheat oven to 350 degrees F (175 degrees
   C). Lightly grease a 9 inch pie pan.
- **2.** Heat oil in a large skillet over mediumhigh heat. Add onions and cook, stirring occasionally, until onions are soft. Stir in spinach and continue cooking until excess moisture has evaporated.
- **3.** In a large bowl, combine eggs, cheese, salt and pepper. Add spinach mixture and stir to blend. Scoop into prepared pie pan.
- **4.** Bake in preheated oven until eggs have set, about 30 minutes. Let cool for 10 minutes before serving.



# Group Exercise Classes at Cedar Village: May 2016

Class Name	<b>Class Description</b>	Dates & Times	Fee
Gentle Fitness with Linda	A fun fitness class designed for the active adult. Class includes low impact aerobics with sculpting & stretching. Class is designed for the functional exerciser.	Mondays 10:30—11:20 a.m. May 2, 9, 16, 23	<b>\$20 paid in full for the 4</b> weeks or \$10/class drop-in
Balance & Stretch	This class incorporates simple exercises with the assistance of a chair to help you increase flexibility, balance and strength.	Thursdays 9:00—9:50 a.m. May 5, 12, 19, 26	<pre>\$20 paid in full for the 4 weeks or \$10/class drop in</pre>

- New men & women participants are welcome!
- Classes will be held in the Cedar Village Club House.
- Fees are due at the time of registration.
- A minimum of 8 people must be registered & paid in order for each class to begin on the scheduled date.
- Registration/payment due by April 25, 2016.
- Checks are made payable to Ocean Medical Center.
- To ensure registration on time, checks can be mailed to Meridian Rehabilitation: Attention Laura, 801 Arnold Ave., Point Pleasant, NJ 08742

Register & Pay by April 25th to ensure that classes continue! Please write a separate check for each class.

For more information or to register, please call 732-206-8263.

# WORD SEARCH SOLUTION





Call 732-240-6611 for more information



# Help Finding the Right Medicare Supplement Insurance Plan Is Just Down the Street

Finding the right standardized Medicare supplement insurance plan can be confusing. That's where I come in. I'm a licensed, local insurance agent based right here in Ocean County. I'll listen to your needs and personal situation, and together we'll find a plan that's a fit for you.

# Personal Attention Where It Counts

I'm authorized to offer AARP<sup>®</sup> Medicare Supplement Insurance Plans, insured by UnitedHealthcare Insurance Company (UnitedHealthcare), and I'll be sure to review important highlights including:

- Competitive rates that can help you manage your out-of-pocket costs
- » Variety of plans available
- » That these plans carry the AARP name and have been carefully evaluated and selected as meeting the high service and quality standards of AARP

Medicare Supplement Plans

Insurance Company

insured by UnitedHealthcare

Because I'm right here in Ocean County, we can meet face-toface to review your plan options. If it's more convenient, I'm also just a local phone call away. Either way, you'll have someone right here in your community who can help you with your plan choice, from start to finish.

Contact me today! I'll get you on your way to reliable coverage right here in Ocean County.

### **Kenneth Arocho**

Licensed insurance agent contracted with UnitedHealthcare (732) 877-7680 kennetharocho@ymail.com 730 Jamaica Blvd. Toms River, NJ 08757

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Insured by UnitedHealthcare Insurance Company, Horsham, PA (UnitedHealthcare Insurance Company of New York, Islandia, NY for New York residents). Policy Form No. GRP 79171 GPS-1 (G-36000-4). In some states, plans may be available to persons under age 65 who are eligible for Medicare by reason of disability or End-Stage Renal Disease.

Not connected with or endorsed by the U.S. government or the federal Medicare program.

This is a solicitation of insurance. A licensed insurance agent/producer may contact you.

Call the licensed insurance agent at the telephone number in this advertisement to receive complete information including benefits, costs, eligibility requirements, exclusions and limitations.

AS2747ST

JARP

May 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 10:30 Gentle Fitness 1:00 Canasta	3 12:00 Cards/Games 2:00 Party Bridge 7:00 Men's Poker	4 6:00 Cards/Games	5 9:00 Balance & Stretch	6 1:00 Rummikub	7 10:00 –Noon Tickets on sale for Memorial Day party
~	9 10:30 Gentle Fitness 1:00 Canasta	10 12:00 Cards/Games 2:00 Party Bridge 7:00 Men's Poker	11 6:00 Cards/Games	12 9:00 Balance & Stretch 7:00 Larry's Bingo Nite	13 1:00 Rummikub	<ul> <li>14 10:00 –Noon</li> <li>Tickets on sale for</li> <li>Memorial Day party</li> <li>10:00 Sign up for A/C</li> <li>trip to Resorts</li> </ul>
15	16 10:30 Gentle Fitness 1:00 Canasta	17 12:00 Cards/Games 2:00 Party Bridge 7:00 Men's Poker	18 6:00 Cards/Games	19 9:00 Balance & Stretch 7:00 Finance Committee Meeting	20 1:00 Rummikub	21 11:00 Singles Club Meeting
22	23 10:30 Gentle Fitness 1:00 Canasta 7:00 Board Re- Organization Meeting	24 12:00 Cards/Games 2:00 Party Bridge 7:00 Men's Poker	25 6:00 Cards/Games	26 9:00 Balance & Stretch 7:00 Larry's Bingo Nite	27 1:00 Rummikub 5:00 Pizza Party	28
29	30 4:00—7:00 PM Memorial Day Party Pool Opening	31 12:00 Cards/Games 2:00 Party Bridge 7:00 Men's Poker				

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### **BUSINESS DIRECTORY**









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- Honesty For Brick Township & Point Pleasant Since 1966

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# 732-899-9090

1045 Sally Ike Road • Herbertsville John A. Cutaio, Owner/Manager • NJ Lic. No. 2763

# 732-458-4900